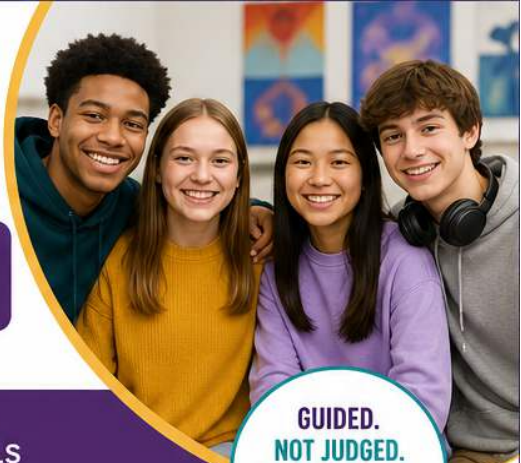




Specialized TEEN SOCIAL GROUP

AFTER-SCHOOL
ENRICHMENT
PROGRAM

AGES 13+



GUIDED.
NOT JUDGED.
SEEN. SUPPORTED.
VALUED.

SUPPORTING NEURODIVERGENT TEENS IN BUILDING
CONFIDENCE, CONNECTION, & REAL-WORLD SKILLS



MORE THAN AFTER-SCHOOL CARE

A specialized program where teens are guided—not judged in a structured, small-group environment. Participants receive real-time coaching in communication, peer relationships, and emotional regulation.

Includes access to a **Multisensory Environment (MSE)** to support calm, focus, emotional regulation, and readiness for engagement.

CORE AREAS OF DEVELOPMENT



SOCIAL
COMMUNICATION



SELF-
ADVOCACY &
INDEPENDENCE



EMOTIONAL &
BEHAVIORAL
SELF-REGULATION



LIFE SKILLS &
JOB READINESS



SENSORY
REGULATION &
FOCUS (MSE)

WHAT YOUR TEEN WILL GAIN



Meaningful
friendships and
connection



Stronger
communication
and self-advocacy



Emotional
regulation and
coping skills



Increased
independence
and confidence



Life skills and
job readiness



DAILY PROGRAM SCHEDULE (MON-FRI)

	3:00 – 3:30	Arrival & Social Integration
	3:30 – 4:00	Social Communication & Self-Advocacy
	4:00 – 4:30	Life Skills & Job Readiness
	4:30 – 5:00	MULTISENSORY ENVIRONMENT (MSE) – SENSORY & EMOTIONAL SELF-REGULATION A structured sensory experience designed to help teens regulate emotions, reduce anxiety, improve focus, and reset before transitioning home.
	5:00 – 5:30	Reflection, Wrap-Up & Dismissal



WHO THIS PROGRAM IS FOR

Teens ages 13+ with autism and other neurodivergent learning needs who can participate in a structured, supported after-school enrichment group setting with appropriate guidance.



PROGRAM HIGHLIGHTS

- Positive behavior support (growth-focused, not punitive)
- Individualized support through small-group structure
- Ongoing parent communication and progress monitoring
- Intake process ensures appropriate program fit
- 2–3 annual teen social events (included)



OPTIONAL EXTENDED PICKUP

5:30 – 6:00 PM → \$15/day (must be scheduled in advance)
Late fee begins at 5:31 PM
(\$25 + \$15 every 10 minutes)



ENROLL NOW – LIMITED SPACES AVAILABLE!



VISIT
www.mosaicmindscenter.com
Select Specialized Teen Social Group and complete the registration form.



CALL
(252) 495-8616



EMAIL
drcarrington@mosaicmindscenter.org
for additional information.



Program developed and operated by an experienced Exceptional Children's administrator with extensive expertise in supporting neurodivergent learners to thrive.

